## Dare To Compare...This Is Your Education!!! <u>"List of Techniques Taught During Our Swedish Massage Course"</u>

- 1. Active Isolated Stretching
- 2. Acupressure
- 3. Adhesion Release Technique
- 4. Anterior Nerve Block Release
- 5. Appendix Flush
- 6. Aromatherapy
- 7. Asthma Release Technique
- 8. Auricular Therapy
- 9. Baby's First Massage (Introductory Level)
- 10. Balancing 4-corners for low back pain.
- 11. Balancing each & every vertebrae except C-1
- 12. Balancing for Incontinence
- 13. Balancing for Leg Length
- 14. Balancing for nutriments
- 15. Balancing ileo-cecal valve for proper bowel function
- 16. Balancing in a line
- 17. Balancing inside the mouth
- 18. Balancing the body
- 19. Balancing the body to alleviate menstrual cramping
- 20. Balancing the Carpals
- 21. Balancing the Clavicular heads for circulation
- 22. Balancing the Cranial Sutures
- 23. Balancing the heels, ankles, elbows, shoulders, wrists, knees, hips, thumbs, fingers, etc.
- 24. Balancing the pubic bone for low back pain
- 25. Balancing the Ribcage
- 26. Balancing TMJ
- 27. Balancing Umbilicus
- 28. Balancing with a "tissue torque" on small, soft tissue areas
- 29. Balsham Technique
- 30. Basic Life Support/CPR
- 31. Basic Self Defense for Massage Therapists
- 32. Birth Placement Technique
- 33. Blocking Technique
- 34. Bloodless Surgery
- 35. Boundary Concerns (Charlie Gerber)
- 36. Bunion Release Technique
- 37. Business Practices
- 38. Cancer Concerns
- 39. Chelation Therapy
- 40. Color Therapy
- 41. Craniopathy
- 42. Dealing With Abuse Concerns (Charlie Gerber)
- 43. Dr. Vodder's Manual Lymph Drainage (Introductory Level)
- 44. Dural Tube Tractioning
- 45. Ethics Course (Charlie Gerber)
- 46. Feldenkrais Technique
- 47. Fluoride Concerns
- 48. Gall Bladder Drain
- 49. Geriatric Massage
- 50. Glaucoma
- 51. Grasha Technique
- 52. Healthy Indoor light
- 53. Herbology

- 54. Hiatal Hernia Placement
- 55. Homeopathy
- 56. Hooking Technique (Lifting of abdominal viscera)
- 57. Hot Rock Massage
- **58. Hoxsey Information**
- 59. Hydrotherapy
- **60. Immunization Concerns**
- **61.** Improving Dilation
- 62. Infant Massage (Introductory Level)
- 63. Iridology
- 64. Joint Release Technique
- 65. Labor Support (Introductory Level)
- **66.** Laetrile Information
- 67. Magnetic Energy Transfer
- 68. Male/Female Polarity Balance
- **69. Mercury Concerns**
- 70. Milk Concerns
- 71. Muscle Cramping Technique
- 72. Musculoskeletal Anatomy
- 73. Myofascial Techniques
- 74. Non-Specific Stretches
- 75. Nutrition
- 76. Origin/Insertion Pump
- 77. Ortho-bionomy
- 78. Pain Drain
- 79. Panneclous technique for stretch marks.
- 80. Pathology
- 81. Pleurisy Technique
- 82. PNF Stretches
- 83. Position Release
- 84. Posterior Nerve Block Release
- 85. Pre-Natal or Pregnancy Massage
- 86. Preparing To Learn (Charlie Gerber)
- 87. Professionalism (Charlie Gerber)
- 88. Raindrop Therapy
- 89. Relaxing Technique with the hands
- 90. Scalenes Pull
- 91. Seated Massage & Russian Seated Massage
- 92. Shiatsu
- 93. Sinus Release Technique
- 94. Specifics
- 95. Sports Massage
- 96. Stress Management (Charlie Gerber)
- 97. Structural Alignment
- 98. Swedish Massage Therapy
- 99. Tai Chi
- 100. Therapeutic Touch
- 101. Thymus Thump
- 102. Tracing Technique for Respiratory Release
- 103. Using "reflexes" to work on areas in the body that cannot be touched
- 104. Water Concerns
- 105. Zero Balancing